




Temple Beth Sholom

August 2013 5773

Rabbi Elliot Rosenbaum

חזק חזק ונתחזק
Be strong, be strong, and may we be strengthened.



The High Holidays, the Days of Awe (Yamim Noraim), are the perfect days to "cleanse your soul" (like taking a nice shvitz bath).

On Rosh HaShana (Head of the Year) we are commanded in the Torah to have a holy meeting and hear the blasts of the shofar (horn).

B'H, my son, in a return engagement, and using a Kudu Antelope horn, will sound the shofar on Rosh HaShana Day at TBS.

(The kid's good, he played trombone in Middle School).

The Days of Awe conclude with Yom Kippur, a day when the Jewish people are commanded to collectively seek forgiveness, of each other and of God.

I invite you to participate in the ancient process of "cleansing your soul" by attending High Holiday services at TBS.

It is a powerful, emotional and spiritual experience,

I look forward to wishing everyone:
L'Shana Tova-Happy New Year! in person.

Rabbi



Newsletter editor and webmaster

Stan Coffield

President's Corner:

My fellow congregants,

As summer winds down, I hope that each of you has enjoyed the season, and are looking forward to the coming cooler weather.

With the High Holidays we start another year. The congregation starts it's second year with Rabbi Rosenbaum. The membership is increasing, but we are not yet at the point of fiscal stability. We have for some time, operated in the red. Obviously, this is not a good long term strategy.

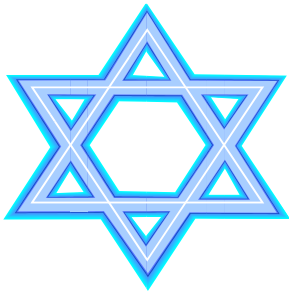
Optimally, our membership will continue to grow so that we can support the present level of services and continue to move forward.

If any among you have suggestions in this regard, please feel free to contact me or any of the board members

I look forward to seeing all of you during the Holidays.

L'Shana Tova,

Stan Coffield



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2013 TBS Board of Directors

President	Stan Coffield	president@tbshavasu.org
Vice President	open	
Secretary	Andrea Coffield	office@tbshavasu.org
Treasurer	Stuart Flamm	
Members at large	Linda Dux, and Jill Fetz	
Past President	Stuart Flamm	

Jewish food Dafynitions

Latkes:

A pancake-like structure not to be confused with anything the House of Pancakes would put out. In a Latka, the oil is in the pancake. It is made with potatoes, onions, eggs and matzo meal. Latkes can be eaten with applesauce but NEVER with maple syrup. There is a rumor that in the time of the Maccabees they lit a Latka by mistake and it burned for eight days. What is certain is you will have heartburn for the same amount of time.

Matzoh:

The Egyptians' revenge for leaving slavery. It consists of a simple mix of flour and water - no eggs or flavor at all. When made well, it could actually taste like cardboard. Its redeeming value is that it does fill you up and stays with you for a long time. However, it is recommended that you eat a few prunes soon after.

Kasha Varnishkes:

One of the little-known delicacies, which is even more difficult to pronounce than to cook. It has nothing to do with varnish, but is basically a mixture of buckwheat and bow tie macaroni (noodles). Why a bow tie? Many sages discussed this and agreed that some Jewish mother decided that "You can't come to the table without a tie" or, G-d forbid "An elbow on my table?"

Kishka:

You know from Haggis? Well, this isn't it. In the old days they would take an intestine and stuff it. Today we use parchment paper or plastic. And what do you stuff it with? Carrots, celery, onions, flour, and spices. But the trick is not to cook it alone but to add it to the cholent (see below) and let it cook for 24 hours until there is no chance whatsoever that there is any nutritional value left.

Kreplach:

It sounds worse than it tastes. There is a Rabbinical debate on its origins: One Rabbi claims it began when a fortune cookie fell into his chicken soup. The other claims it started in an Italian restaurant. Either way it can be soft, hard, or soggy and the amount of meat inside depends on whether it is your mother or your mother-in-law who cooked it.

Cholent:

This combination of noxious gases had been the secret weapon of Jews for centuries. The unique combination of beans, barley, potatoes, and bones or meat is meant to stick to your ribs and anything else it comes into contact with. At a fancy Mexican restaurant (kosher of course) I once heard this comment from a youngster who had just had his first taste of Mexican fried beans: "What! Do they serve leftover cholent here too?" My wife once tried something unusual for guests: She made cholent burgers for Sunday night supper. The guests never came back.

Gefilte Fish:

A few years ago, I had problems with my filter in my fishpond and a few of them got rather stuck and mangled. My son (5 years old) looked at them and commented "Is that why we call it 'Ge Filtered Fish'?" Originally, it was a carp stuffed with a minced fish and vegetable mixture. Today it usually comprises of small fish balls eaten with horseradish ("chrain") which is judged on its relative strength in bringing tears to your eye at 100 paces.

Bagels:

How can we finish without the quintessential Jewish Food, the bagel? Like most foods, there are legends surrounding the bagel although I don't know any. There have been persistent rumors that the inventors of the bagel were the Norwegians who couldn't get anyone to buy smoked lox. Think about it: Can you picture yourself eating lox on white bread? Rye? A cracker? Naaa. They looked for something hard and almost indigestible which could take the spread of cream cheese and which doesn't take up too much room on the plate. And why the hole? The truth is that many philosophers believe the hole is the essence and the dough is only there for emphasis.

Sponsors are needed for Oneg Shabat.

Oneg sponsorship requires that you supply refreshments for the congregation
or simply donate \$30.00 to buy the items.

Schedule of Upcoming services

Rosh HaShanah Evening Wednesday, September 4th 7:30 pm

Rosh HaShanah Morning Thursday, September 5th 9 am

Shabbat T'Shuvah Friday, September 6th 7:30 pm

Yom Kippur Evening Friday, September 13th 6:00 pm

Yom Kippur Morning g Saturday, September 14th 10 AM

Yom Kippur Afternoon Prayers & N'illa (closing) service Saturday, September 14th, 5 PM

Sukkot Service-September 18th, 6:30 PM-refreshments in the sukkah

Simchat Torah-September 26th, 6:30 PM

Friday, September 27th 7:30 pm Torah study on Saturday, September 28th 10 AM

Friday, October 11th 7:30 pm Torah study on Saturday, October 12th 10 AM

Friday, October 25th 7:30 pm Torah study on Saturday, October 26th 10 AM

Friday, November 8th 7:30 pm Torah study on Saturday, November 9th 10 AM

Friday, November 15th 7:30 pm Hannah Goodrich Bat Mitzvah.

Saturday, November 16th 10 AM Hannah Goodrich Bat Mitzvah

Friday, November 22th 7:30 pm Torah study on Saturday, November 23th 10 AM

Friday, December 13at7:30 pm Torah study on Saturday, December 14th 10 AM

Friday, December 27at7:30 pm Torah study on Saturday, December 28th 10 am

Our thanks for donations from the following congregants

Garry & Pam Meyers for their continued generous donations

To Joy Simon for her continued support of both time and money

Our Next Board Meeting will be held Tuesday September 24th

6:30pm at the Temple.

***We will attempt to have ALL board meetings on the last Tuesday of
each month***

Plan on attending, show your support of TBS Everyone is welcome